



Family Music for Toddlers: My Day Lesson Activities, with commentary by Dr. Lorna Heyge.

Welcome to the *My Day* Commentary video series! This series was designed to support your teaching journey. Each video has an example of the activity, sometimes with children, but mostly without children. We all know that teaching is a practiced art and the better you know the activity before the children arrive the more prepared you will be to make an adjustment when the need arises.

Each video also provides commentary from Dr. Lorna Heyge, giving you helpful insights that keep you focused as a teacher and provides key parent education points.

For your ease, they are organized in two ways:

- 1) By Lesson and added activities per lesson
- 2) Alphabetical order by activity title

Happy Teaching!

Lesson Order

Lesson 1 and 2:

Sing Hello: <https://vimeo.com/632045989/e80dfc88ce?share=copy>

Bounce Along and Duple Patterns: <https://vimeo.com/632068436/eb78a1b483?share=copy>

Tap the Jingles with Major Patterns: <https://vimeo.com/632079132/3c02b52b88?share=copy>

Whoops Johnny: <https://vimeo.com/632096268/137c2fc45a?share=copy>

Til the Music Stops: <https://vimeo.com/632103887/86816d939e?share=copy>

Go to Sleepy: <https://vimeo.com/632115922/27013b7e15?share=copy>

Alarm Clock, Cuckoo Sounds and Focused Listening:

<https://vimeo.com/632125660/058b7b7296?share=copy>

The Cuckoos Calling You: <https://vimeo.com/632151139/4e8d5c3e56?share=copy>

In the Docks: <https://vimeo.com/696169919/fe01f889a6?share=copy>

Debka Hora: <https://vimeo.com/632166505/7b196c667e?share=copy>

Sing Goodbye: <https://vimeo.com/632216952/1191a3b50d?share=copy>

Lesson 3 Added activities

Hands a washing: <https://vimeo.com/857933783/0d02b52eec?share=copy>

Rub-a-dub-dub: <https://vimeo.com/857938561/bf8798f0da?share=copy>

Walk all Around: <https://vimeo.com/857941408/8381b2176d?share=copy>



Lesson 4 Added activities

Ninna Nanna: <https://vimeo.com/857945782/c913857043?share=copy>

The Mulberry Bush: <https://vimeo.com/857949988/65f7f2422e?share=copy>

Lesson 5 Added activities

See How I am Jumping: <https://vimeo.com/857954274/4f22f6c947?share=copy>

Hot Cross Buns: <https://vimeo.com/857984475/4355087916?share=copy>

The Muffin Man: <https://vimeo.com/857990450/d88a4e6263?share=copy>

The Soup is Hot: <https://vimeo.com/858014680/8eeff4ab61?share=copy>

Pat-a-Cake: <https://vimeo.com/858016475/5d94071c80?share=copy>

Lesson 6 Added activities

Peek-a-Boo: <https://vimeo.com/858021356?share=copy>

Svenska Mari: <https://vimeo.com/858026742/7ca659d5a0?share=copy>

Lesson 7 Added activities

Peasant Cantata: <https://vimeo.com/858685457/97de444d71?share=copy>

Teddy Bear: <https://vimeo.com/858688324/18406a7463?share=copy>

Jack in the Box: <https://vimeo.com/858695164/dfa1bd86f2?share=copy>

My Day 1 Introduction: <https://vimeo.com/858701032/5bce175453?share=copy>

My Day 2 Adding the Recording: <https://vimeo.com/858705996/fab47d1d97?share=copy>

My Day 3 Continuation: <https://vimeo.com/858708461?share=copy>

Walk and Stop: <https://vimeo.com/858729839/93fa44f1da?share=copy>

Lesson 8 Added activities

Golden Slumbers: <https://vimeo.com/858759902/99214e3f56?share=copy>

In and Out the Dusty Bluebells: <https://vimeo.com/858763922/a2a85af6c1?share=copy>

Lesson 9 Added activities

Dance a Baby Diddy: <https://vimeo.com/858767782/cae6bf2c48?share=copy>

The Workshop: <https://vimeo.com/858777387/18b37c071b?share=copy>

Zum Gali Gali: <https://vimeo.com/858999270/482b9f5051?share=copy>



Lesson 10 Added activity

Polka Kehraus: <https://vimeo.com/861284823/b4bc3167ff?share=copy>

Lesson 11 Added activities

Pop! Goes the Weasel: <https://vimeo.com/861288583/2b8feb6cb9?share=copy>

Mother and Father: <https://vimeo.com/861293083/aeab7e59d0?share=copy>

A Child's Song: <https://vimeo.com/861296404/f5b4880cb6?share=copy>

Grandma's Glasses: <https://vimeo.com/861300450/8ff78a7578?share=copy>

Grandfather's Clock: <https://vimeo.com/861305376/d8887d9e86?share=copy>

Clock Symphony: <https://vimeo.com/861313841/4b2ee728ec?share=copy>

Over the River and Through the Woods: <https://vimeo.com/861317457?share=copy>

Lesson 12 Added activities

London Bridge: <https://vimeo.com/861321330/edb53ed40b?share=copy>

Lesson 13 Added activities

Diddle Diddle Dumpling: <https://vimeo.com/861379753/bdd6047deb?share=copy>

Twinkle, Twinkle, Little Star: <https://vimeo.com/861391273/51887daaa7?share=copy>

Thumbkin Left and Thumbkin Right: <https://vimeo.com/861397397/e0eb0c7cfc?share=copy>

Sleep Now and Rest: <https://vimeo.com/861401345/024485931e?share=copy>

Lesson 14 – no new activities

Lesson 15 – You get to choose!



Alphabetical Order

Alarm Clock, Cuckoo Sounds and Focused Listening:

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Bounce Along and Duple Patterns: <https://vimeo.com/632068436/eb78a1b483?share=copy>

Child's Song, A: <https://vimeo.com/861296404/f5b4880cb6?share=copy>

Clock Symphony: <https://vimeo.com/861313841/4b2ee728ec?share=copy>

Cuckoos Calling You, The: <https://vimeo.com/632151139/4e8d5c3e56?share=copy>

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