



## 10-year plan

Year(s)	Fall September - January	Spring January - May	Summer June - August
	<i>FM Babies 1</i>	<i>FM Babies 2</i>	<i>My Musical World</i>
	<i>My Day</i>	<i>Animal Friends</i>	<i>Nature's Music</i>
	<i>On a Trip</i>	<i>New Friends</i>	<i>Nimble &amp; Quick</i>
	<i>Cycle of Seasons</i>	<i>Cycles of Seasons</i>	<i>Summer Cycles</i>
	<i>MMH</i>	<i>MMH</i>	<i>Seashore</i>
	<i>MMW</i>	<i>MMW</i>	<i>Intro to Keyboard</i>
	<i>Keyboard Red Book</i>	<i>Keyboard Green Book</i>	<i>Keyboard Year 1 Challenges</i>
	<i>Keyboard Purple Book</i>	<i>Keyboard Blue Book</i>	<i>Keyboard Year 2 Challenges</i>
	<i>Keyboard Orange Book</i>	<i>Keyboard Yellow Book</i>	<i>Keyboard Year 3 Challenges</i>
	<i>Private Lessons</i>	<i>School Instrumental Ensembles</i>	<i>School Choral Ensembles</i>

Child's Name: \_\_\_\_\_

Child's Birthday: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Notes:

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Level	Age Range	Description/Timing
FM Babies	Birth-18 mos	Parent/Caregiver and child - 30 min
FM Toddlers	16 mos-3 yrs	Parent/Caregiver and child - 30 min
Cycles	3-4 yrs	Parent/Caregiver and child - 45 min
Music Makers at Home	4-5 yrs	Child only 45 min, Parent joins final 15 minutes
Music Makers Around the World	5-6 yrs	Child only 45 min, Parent joins final 15 minutes
Keyboard Yr 1, 2, 3	6-9 yrs	Child only 1 hour, Parent joins final 15 minutes
Adult Keyboard I, II, III	18+ yrs	Student only - 1 hour

### Studies have shown that experiencing music before 7 years old...

creates new neural pathways with new experiences  
 develops active listening  
 develops balance  
 develops gross motor skills  
 develops fine motor skills  
 develops language  
 develops memory  
 develops vocal response  
 engages brain's attention to patterns  
 engages comprehension skills  
 engages social skills  
 evokes movement  
 helps child achieve academically and socially  
 helps child define body parts  
 transmits culture